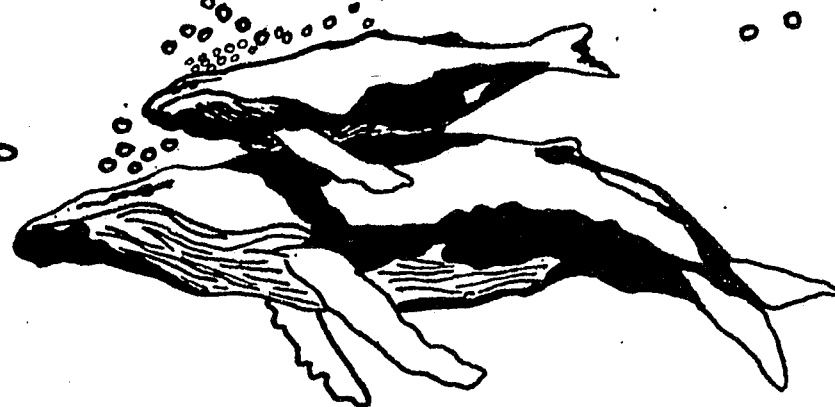


# WHALESONG



Volume 3 Number 2

University of Alaska, Juneau

October 7, 1983

## UAJ library expands to meet needs of students, faculty

By DON FREY  
For the Whalesong

The heart of a university is often said to be its library. On that basis, the heart of the University of Alaska, Juneau is growing stronger.

The facility, housed in Novatney Building on the Auke Lake campus, acquired 1300 volumes in the past three months bringing the total number of bound titles to nearly 50,000. Additionally the library carries 225,000 titles on microfiche and about 800 periodical titles.

"This may not sound like a lot but it needs to be put in perspective," said Alan Schorr, UAJ's director of library and media services and assistant professor of library science. "Five years ago the library contained only 32,000 volumes. We've had about a 50 percent growth during that period. It's important to note that the library is going in the right direction, it's growing."

The library also underwent a space growth, expanding over the summer by almost 4,000 square feet. "It worked out to just over 61 percent more space," said Schorr. Classrooms on the lower level were moved and construction crews added new floor space to both the upper and lower levels.

The extra space, according to Schorr, is used to house additional titles, hold more study tables and make more efficient and practical use of space.

"Before the expansion the stacks were too close together and too high. It made it impractical for users since there wasn't enough room to work between the stacks. Also, there was no room for expansion and for us, that is critical."

At the anticipated growth rate the current library facility should be good for another three to four years when the Fine Arts Complex, currently on the drawing board, should be ready.

"The new complex would give the library about four times the space it now has," said Schorr. "Ideally it will be ready just about the time we've outgrown our present facility." The growth of the library is important to students. Schorr indicated that the current facility should be able to offer basic information on a wide variety of subjects and provide research information in a limited number of fields. As it grows, so will the research opportunities.

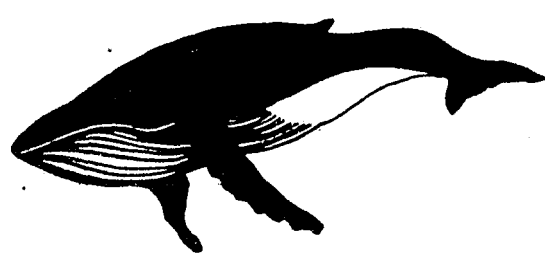
The university library also has access, through a computer network, to just about any volume in any other participating library in America. The system, said Schorr, is being sold internationally which will significantly expand the numbers and types of volumes available.

An expert, who recently analyzed the UAJ library, indicted a university the size of UAJ should be working with 250,000 to 300,000 volumes.

"We're not there yet, obviously," said Schorr, "but, again putting this in perspective, we're on the right track. It takes about a decade to build a library, it's not something that happens overnight. We're doing some things right. It's also going to take a great deal of investment to get there."

Schorr noted that periodicals as an example, are expensive. The decision on titles to carry begins with knowing which subscriptions the library carries.

Continued on Page 3



### QUOTE OF THE WEEK

A good way to get your name in the Whalesong is to walk across Glacier Hyway reading it.

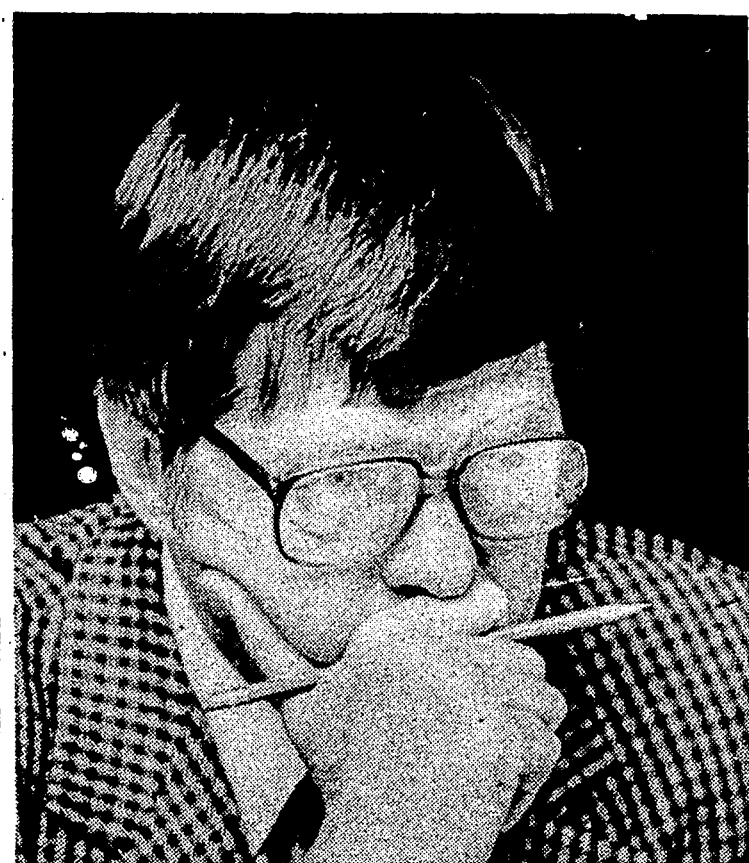
## Food service facility opens to rave reviews

By Whalesong Staff

The new Maurant Building houses UAJ's first cafeteria run by Arctic Hosts, Inc. Arctic Hosts won the contract for the service and opened for business shortly after the semester began.

Breakfast, lunch, and dinner are available as well as yogurt, ice cream and other snacks.

The cafeteria is open from 8 a.m. to 8 p.m. and offers a wide choice of food and drink both hot and cold. A modest salad bar is also presented and catering services are available.



## Barton resigns

University of Alaska President Jay Barton announced his resignation at the Sept. 15 meeting of the Board of Regents. His resignation will become effective July 15, 1984.

Barton has served as president of the University of Alaska since July, 1979.

The first step in finding a replacement will be the appointment of a search committee by Board of Regents President Don Abel. The committee is likely to draw members from the regents, the university faculty, nonfaculty employees and the public.

# Opinion

At USUAJ's most recent election, held this fall, a mere 114 votes were cast for seven student government positions. Hey, that's three more than last spring! Halliluja! But out of 1,776 registered students, can we help but detect a little apathy?

Of those seven potential positions only 14 students ran, most of them unopposed; 13 were write-ins and one chose to exchange his candidacy as vice-president for upper-division representative.

USUAJ Vice-president Mike Bacolas gained 54 votes from the Mourant Building, 37 from the Bill Ray Center and three from fisheries. George Paradise secretary/treasurer, won 59 votes from Mourant, 34 from Bill Ray and three from fisheries.

For representative lower-division Coven Petticrew pulled 98 from polling places, three of them from fisheries. Jim Helfinstine managed 55 votes, and Brock Merideth, a grand total of 11! Both are upper-division representatives. Legislative affairs coordinator Sue Walker, picked up 70 votes and Gary Long, a whopping 95 as representative to UAJ Assembly.

Ok, so UAJ's not Harvard material but we're no longer a community college either. So how come such a measley amount of students wait to to be discovered while the other 97 percent are afraid they will be?

UAJ is experiencing growing pains. Without an active student government USUAJ will crumble and with it the programs they've worked so hard to create. And you, apathetic studentage are breaking your arms patting yourselves on the back for minding your own business.

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Second Floor



## Goodbye to USUAJ

By BONITA NELSEN  
Guest Columnist

I am leaving now, and I'm taking some things with me. But I must express my appreciation to all of the students, faculty and staff for all of the support you've given me during my reign as student body president.

I especially want to thank the students who served as officers for USUAJ. Ron Heintz and Marshal Kendziorek put in countless hours helping me organize and implement ideas and projects. Without their help, student government wouldn't have survived.

Keith Pahlke, Al Tingley, Brock Merideth and Kendziorek attended university committee meetings regularly as representatives of USUAJ. Their time and effort endured that the students had direct input on the decision-making processes at UAJ. Mary Price and John McConnaughey also contributed as officers of USUAJ.

USUAJ could not have functioned without the help of the faculty and staff of UAJ. I want to thank our advisors, Jim Dumont and Sheila Colbert-Kerns. Jim offered continual support and guidance to USUAJ and to me. His ideas and energies brought many new projects and directions for USUAJ. Sheila insured that the meetings ran in an orderly and efficient manner.

I also want to thank Chancellor Michael Paradise for his "open door" policy with USUAJ. The Chancellor endeavored to include student input in all major policy making decisions that concerned students whenever possible.

I feel that USUAJ's accomplishments during the 82-83 academic year were rewarding. My main objective as student-body

president was to increase student involvement at UAJ. And it happened, and I'm pleased.

My administration is responsible for the advent of "Saturday Night at the Movies", a program that brings choice films to UAJ twice a month, and sponsoring dances like the Robert Cray Band last winter.

Movie attendance is steadily increasing, from 10 to 20 regulars last year to 40 and 50 this year. Student government looks pretty solid this year.

USUAJ and UAJ are both struggling with growth and students are an integral part of this growing university. I encourage students to become involved with the community that is UAJ. It's the most effective way to make your opinions known.

Participate in student government. Students should discover just how important their input is to the administration and what a good relationship we have with them.

Afterall, student involvement builds character and can be loads of fun.

Good luck, gang.

## Gann scholarship announced

### Gann Endowment Scholarship

This scholarship is made possible by the people of Hydaburg, Alaska to students who are: (1) Alaska Natives (2) Graduate students (3) Majoring in School Administration. Preference will be given to those applicants who are planning to work in rural Alaska. Applicants must be enrolled and officially admitted to a degree program at UAJ and must carry at least six credit hours during the semester for which the scholarship is given. Students wishing to apply should contact the Financial Aid Office at 789-4463 as soon as possible. The application deadline is Nov. 1, 1983.

# F.Y.I.

## DOGGY GONE

The Juneau City Borough Canine Officer will pick up pets allowed to run at large. Dog owners are required to clean up after their pets. No dogs are permitted inside the university buildings. The canine control officer reminds pet owners that dogs over six months old must have rabies shots and tags.

## TESTING INFO

Entrance exams for Graduate Records and Real Estate Licensing will be scheduled for Oct. 15 and 22. Check with Janet Merrill at the Counseling Center for more information.

## PHOTO I.D.'S

UAJ Students can get their pictures taken for I.D. cards on: Tuesday at the Bill Ray Center, 12:30-4p.m., Wednesday, 11-1p.m. and Thursday, 3-5p.m. at the Mourtant Building.

## VIDEO MOVIES

Coming soon, movies shown on the video television in the Mourtant. Movies will be available through the Bookstore and will be operated by bookstore personnel during business hours. USUAJ will be responsible for checking out movies from local retailers.

Canoes and kayaks are available to UAJ students, faculty and staff for use on Auke Lake. Check out at Student Activities Office, downstairs in the Mourtant building.

Racquetball and Tennis tournament coming up Nov. 5. Register at the Juneau Racquet Club or Student Activities no later than Nov. 1. There is an entry fee.

# Community Ed conference to feature variety of workshops

The Alaska Association for Community Education will hold its annual State Conference in Juneau's Centennial Hall Convention Center Oct. 17-19. The event involves the University of Alaska, Juneau, the Alaska State Department of Education and Juneau's Community Schools.

The theme for this year's convention is: "Futures in Education and Cooperative Management." Over 50 training workshops and awarenessraisers will be offered. Topics include: improving public education, preparing for the future, increasing purposeful citizen involvement in schools, community decision-making, and strengthening partnerships among schools, agencies and business.

The list of speakers includes Jim Keelan, director of Communica-

tions Unlimited, North Glenn, Colo.; Harold Reynolds, Jr., commissioner of the Alaska State Department of Education; V.M. Kerensky, professor of education at Florida Atlantic University; and Mike Adams, superintendent of the Juneau School District.

Examples of workshops to be offered include: An Overview of Community Education, Developing Rural Partnerships, Boardsmanship, Creative Funding, Parent Education Programs that Work, Process Facilitation, a Community Education State Fair, Using Computers, and others.

For information on the convention contact Kim Ratz at 465-4685. or write the Alaska Department of Education, Community Education Program, Pouch F, Juneau, Alaska, 99811.

## Library...

Continued From Page 1

"Then, as in the case with Fisheries and Science, we meet with the faculty, they work up a list of priorities, we work with that list, asking questions back and forth, then make a decision based on the amount of money available, resource material available in Juneau and what is needed." Schorr said that cost is a major factor since some publications may cost as much as \$250 per issue for four issues each year. Each periodical, he added, is an annual expense compared to the one-time purchase of books.

Library growth, like in so many other fields, is closely tied to the use of automated techniques.

"Computers are becoming more important in our library," said Schorr. He said that by the beginning of the 1984 fall semester the UAJ library will not house the current card catalog but that all information will be on microfiche. The next stage is user access to an on-line computer catalog.

The book checkout process will be another part of the automation system. "We'll be using the zebra-bar code, similar to the way some grocery stores ring up purchases," said Schorr. Currently library patrons must sign a card for each book taken.

"With the new system almost every aspect will be automated. The billing will be automatic, people will be notified automatically when a book they've ordered is in or when a book is overdue. Overall it should be much more efficient for both the staff and the people who use the library," said Schorr.

The computer system will be used throughout the University of Alaska system and is expected to be operational during the 1984 Fall semester.



What is WALLY BALL? It's similar to volleyball except that it is played on a racquetball court and the ball can be played "off the wall". A wally ball league will be starting in November, so hurry and register by Oct. 21 at the Student Activities Office.

Yes, really, a CAR RALLY, UAJ's first invitational road rally. Get a car and a navigator and be prepared to drive Oct. 22. Stay tuned for more information.

## CLASSIFIED

## \*JOBS AVAILABLE\*

### RECREATION COORDINATORS:

Zach Gordon Youth Center, Division of Parks and Recreation has two positions open. Hours are: 3:30-10 p.m. Monday-Friday, 4-11 p.m. Saturday and 1-5 p.m. Sunday. Hourly wage: \$7.36, approximately 20 hours per week. Strong recreational/educational background required.

\*ALSO NEEDED\* Class instructors in: Arts and crafts, guitar, dance and aerobics. Contact Bob Franklin, Recreation Supervisor at 586-2635.

## CLASSIFIED

FOR SALE: King-size water bed in excellent condition. Includes padded frame, full liner, heater and pump. Asking \$300.00 or best offer. Call Tracey Williams at 364-3259 or 789-4434.

UAJ'S HALLOWEEN DANCE is set for Saturday, Oct. 29. Sponsored by USUAJ, the dance will be free to students in costume.



# Arts

## Entertainment

### State Arts Council Announces Grant Awards (Alaska #1)

The Alaska State Council on the Arts announced a fiscal year budget of \$5.1 million. This appropriation amounts to \$11.01 per capita and ranks Alaska as the number one state in public support of the arts. From this appropriation, the Council awarded \$2.9 million to thirteen major cultural institutions around the state. These include the following:

\$226,586--Perseverance Theatre.  
\$95,000--Juneau Arts and Humanities Council.  
\$892,326--55 Alaskan arts groups in project program.  
\$2,900--Alyeska Dance Co.  
\$9,225--Juneau Dance Unltd.  
\$4,100--Juneau Int'l Folkdancers.  
\$12,000--Juneau Lyric Opera.  
\$10,000--Juneau Oratorio Choir.  
\$11,000--Juneau Symphony.  
\$15,368--Sealaska Heritage Foundation.

The Council also set aside funds which will be granted out through additional programs including Artist's Fellowships, Native Art Apprentiships, piano maintenance, Performing Art Touring grants, Artist in School residences, Arts in Education pilot project, workshop grants, Artist's Travel grants and community Arts Agency Block grants.

### 1984 Washington Craft Show Open to Artists

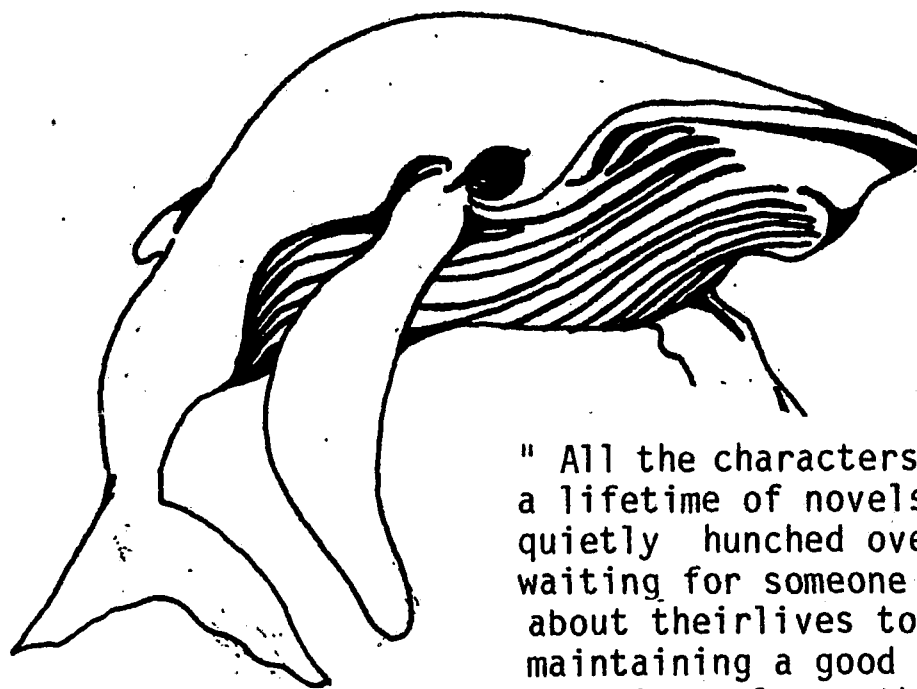
Applications are now available to crafts artists across the country for the Washington Craft Show the only major juried exhibition and sale in the nation's Capitol to present crafts as fine art. The show, scheduled for April 27, 84 is sponsored and organized by the Smithsonian Associates Women's Committee. It is open to artists working in ceramics, glass, jewelry wood, leather, paper, metal, fiber and mixed media. Cash prizes will be awarded. Application forms are available-writing the Smithsonian Associates Committee, A4I Room 3101 Smithsonian Institution, Washington D.C. 20560.

### Native Arts in Seattle

As part of its 50th Anniversary celebration, the Seattle Art Museum is presenting an original exhibition of Northwest Coast Indian Art. Over 200 objects representing the Tlingit, Tsimshian, Haida, Kwakiutl, Salish and Bella Coola cultures.



'Explorations' now available at the UAJ Bookstore!!!



--Michael Jahn

"All the characters one needs for a lifetime of novels are sitting quietly hunched over their beers waiting for someone to care enough about their lives to ask. I suggest maintaining a good ear, and remembering always the advice

--'never let the truth stand in the way of a good story!'

## Chamberlain to conduct wood engraving workshop Oct. 14-17

Sara Chamberlain will be giving a workshop on advanced wood engraving techniques over October 14-17 in room 102 of the Soboleff Building on the Auke Lake campus.

Chamberlain has done illustrations and designs for several books as well as having a book of her own published and presenting a number of shows. She is currently teaching a book arts program at the Oregon School of Arts and Crafts in Portland.

The workshop is recommended for those who have some print-making experience already and will consist of a slideshow the first day followed by demonstrations.

Wood engraving is a 200 year-

old skill involving carving intricate figures in wood and making prints from these blocks. Books and newspapers were first printed in this fashion.

This project is supported by a grant from the Juneau Arts and Humanities Council, and includes financial support from the University of Alaska, Juneau, and a grant from the Alaska State Council on the Arts the City and Bureau of Juneau and the National Endowment for the Arts, a federal agency, and Alaska Arts Southeast/Alaska Airlines Travel Assistance Grant.

Those interested in the workshop may contact Extended and Graduate Studies at 789-2101 ext. 476.

# Singers warble for new conductor

Bringing a wealth of experience with him -- including a stint with the famed Robert Shaw Choral -- vocalist John d'Armand has taken direction of the University Singers at the University of Alaska, Juneau.

D'Armand is replacing Jan Soboleff who started the choir four years ago but recently resigned.

The singers will present several concerts this fall, with dates currently set for Dec. 4 and 11 at the Chapel-by-the-Lake. Christmas music will be included as well as "music of praise," according to d'Armand.

"Vocalists are still needed for the choir. Some people are hesitant to join because they feel they aren't strong musically. It's far more important that they just have an interest in vocal music. The spirit of the musicians is what makes the singing good in the long run," d'Armand said.

D'Armand, a professor of music at UAJ, is well-respected in the field of choral music, having been the youngest bass ever to perform with the Robert Shaw Choral. He was 23 at the time. He has also recorded and performed with the Whikehart Choral and was soloist with the John Oliver Choral. He has taught classes and given recitals throughout the U.S. and Canada and has been a church choir soloist for 25 years.

While attending the University of Tennessee, d'Armand directed the male chorus of the Independent Students Association in the Annual Interfraternity Sing and for the first time they ranked in the top four spots.

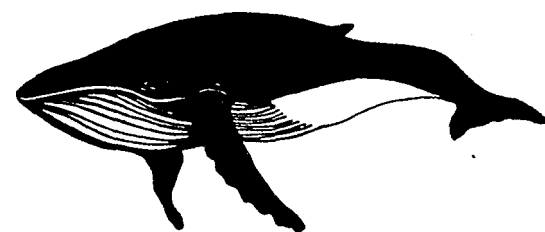
D'Armand also conducted the Wesley Students Choir at the University of Tennessee while finishing his studies in conducting.

Later moving to Concordia College in Minnesota, d'Armand directed several choirs there

under the supervision of Paul Jay Christensen. As a graduate assistant and while working on his doctorate at the University of Cincinnati, he taught seven classes a week in conducting.

D'Armand came to UAJ in 1980 and is currently teaching a variety of music classes. He directs the vocal program and co-chairs the music program with violinist Linda Rosenthal.

"We're having a good time already, getting to know the music," d'Armand said. "But we need more musicians to get involved. It's a good, strong choir but we're looking to make it all the better."



## Soundings

### Here's The Poem You Wanted

I don't know what to do.  
I give up. This poem--  
I've watered it, fed it,  
loved it. Stayed up  
all night worrying about it.  
But it's not happy.  
It took all my money, my wife  
and kids. Left me with an  
empty refrigerator--  
no sandwiches or beer.  
It smokes my cigarettes.  
It's wearing my clothes--  
I'm standing in the corner  
naked. It laughs at me.  
It's bored with me.  
It walked out the door today  
--said it was going  
over to tour house.

### Eye-Ku

.....  
.....

the twelve apostles

### Embargo

When you take your pill  
I'm reminded of Arabs.

I keep thinking of all those  
little vehicles  
running out of gas  
inside of you.

### The Mole

I love the lightning flash  
of monarchs at the crowded  
feet of summer  
The playfulness of fawn  
The lumbering of cub  
But most of all  
let us not forget  
the slow blind  
ever conquering  
fur mole  
that misunderstood creature  
who perserves underground  
moving constantly  
to the surface  
of old gardens  
to greet the blazing sun  
at the beginning  
of summer dawn

### Melvin

Life was always throwing stones  
through Melvin's window.  
From his rocking chair he would  
see them come sailing in.  
He would take them and study  
them with various geological  
instruments. He would weigh  
them, study their contour,  
color and composition.  
He would break them into pieces.

When he died, his house was  
full of broken stones---  
except for one.  
The one he was saving  
to throw back.

Poems by Gary Long

### Dreams

Morpheus eases her restless mind  
Unveiling visions crystal clear.  
A downy egret flying free,  
Enhanced by a liquid mirror.

Sailing through the diamond sky  
She revels in the moon's soft glow.  
Those haunting dreams--his caress,  
Only echoed by loons below.

Stars reflect their ageless light  
Mysterious, misunderstood.  
Their voices comfort her with peace,  
She's unaware of Deaths' dark hood.

A robin's flurry flows beyond  
The pale moon as it slowly falls.  
Sunlight tears the veil of darkness,  
Fading dreams like the croaking calls.

by W. R. Jaenicke

### ACTIVITIES AND UPCOMING EVENTS

Leo Kottke and Jessie Colin  
Young will perform in concert  
on Wednesday, Oct. 19 at the Ar-  
mory. Tickets are on sale at lo-  
cal outlets for \$16.00 and \$18.00

### News for Poets

Annual Poetry Contest of the Poe-  
try Society of America. \$850 in  
awards for original, unpublished  
poems. Dec 31, 83 is the dead-  
line. Write Poetry Society of  
America, New York NY 10003.

## Blow Whales Blow

# Dribblers have high hoops for season

The foundation for a viable men's and women's basketball program is being laid this semester at the University of Alaska, Juneau.

Jim Dumont, UAJ director of Athletics and Student Activities, said that the hiring of coaches launches a vital step in UAJ's fledgling program. The men's coach was to be hired the final week in September and a decision is expected soon on a woman's coach.

The men's and women's teams will each compete in the City of Juneau Parks and Recreation basketball league, "at the highest level of competition we feel qualified for," said Dumont.

In addition to running in the city's hoop league, UAJ will compete with Sheldon Jackson College, Sitka, which is beginning its own basketball programs.

"If it works out right we hope to send our teams to schools in the Pacific Northwest, to compete against junior colleges," he added.

The UAJ "Whales," as they will be known, will work out at the Juneau-Douglas High School gym, a condition that should exist until the University constructs its own facility. Practices should be held four to five times each week, providing plenty of court time for players. Uniforms will also be provided.

"Right now we're just beginning but that's important," said Dumont.

"We need to make athletes around Alaska aware that we do have programs and that they can be a part of establishing a tradition. We're getting started and we're going to go somewhere with the program."

Recruiting will be one of the primary jobs of the new basketball coaches.

Dumont said the school has some problems with that aspect of athletics, "but they are being worked out."

Accreditation, according to Dumont, is one of the main road-

blocks. "The Accreditation team has just completed its visit to the campus and the indications really look favorable. I think that accreditation won't be a problem."

Dumont also said that lack of student housing has hurt recruiting.

"It's hard to get an athlete from out of town to come to Juneau if there's no place to live. That problem won't exist much longer because of the high priority given to construction of housing."

## Runners race for results

In its first year of offering a cross-country running program the University of Alaska, Juneau will be fielding a small squad. There are five thinclads training under Head Coach Tom Olson.

Olson said he had hoped the running program would have had a stronger start. Four of the runners are in the program as a means of training for basketball or skiing.

"The program begins around the middle of August and continues until about the first of November," said Olson. Right now

there are no plans for meets but "something may be set up with Fairbanks at a later time," he said.

"It takes time to build a good, strong program. This is a building year and over the course of the year I hope to be able to get others involved in what we have," said Olson. He said there are not many high school seniors in the state willing, at this point, to come to Juneau at this point for running.

"It's a good program and its going to get better."



**W**OOD Engraving Methods Workshop offered by the University of Alaska, Juneau, Sat., Sun., Mon., October 15, 16, 17.

Instructor Sarah Chamberlain has been designing and illustrating limited edition books of wood engravings since 1974. She has won various awards and commissions, and her work is included in the collections of the foremost universities in the U.S.

Class will be held at Auke Lake campus, Soboleff Bldg. 102; 9 a.m.-4 p.m. Limit is 12 students, so register early (thru Oct. 12). Phone 789-4460 for reservations. Fee is \$35. For information, call the University at 789-4481.



## University of Alaska, Juneau GRAPHICS TRAINING PROGRAM



Hugo Vila, graphic designer/instructor.

The highly successful Graphics Training Program developed and directed by graphic designer Hugo Vila while at the University of Washington, will be presented, beginning this fall, by Continuing Education at the University of Alaska, Juneau.

These courses, taken in sequence, provide the student with basic graphic design skills. Mr. Vila will be conducting the courses at the University's Auke Lake campus and Bill Ray Center. For further information please call 789-4481.

# UAJ rifle team shoots for victory

The UAJ Rifle team begins another campaign this semester with bright prospects under Head Coach Bud Shaw.

Fourteen shooters signed up for the offering which will include three shooting meets in addition to a series of postal matches. The university purchased regulation jackets and will provide team members with 540X Remington heavy barreled .22 caliber rifles, Shaw said.

"We also have a complement of scopes, mat and glasses this year," said Shaw, a former member of the 5th Army Rifle Team.

The practice schedule will find riflemen working out at the Harborview Elementary School range three times each week, from 4 to 7 p.m.

"We've got two returning shooters which means a lot of first timers," said Shaw. He said it was too early to know the quality of the team but indicated they will have every opportunity to do well. The two returning shooters, Shaw said, did very well in competition last year.

All matches are sanctioned by the National Rifle Association which means the level of shooting will be geared to what performers in the Olympics will be doing. Small bore riflemen use a 50-foot range and all matches are indoors.

"The jackets, for example, are specially designed to help control breathing, offer more stability and padding for the shooter as well as help to el-

minate slipping."

The University spent more than \$6,000 to equip this year's squad.

"Last year we went right in to competition shooting because of the late start," said Shaw. "This year we'll be spending more time in practice, getting the team members more familiar with the rifle and equipment. It should help when we get into competition."

Meets will be held with the University of Alaska, Fairbanks and University of Alaska, Anchorage. Postal matches, with differing sponsors, involve sending competition targets to a judge. Scores are compared against other participants and winners announced through the mail.

Shaw said that there is still room on the team for additional shooters. Contact Shaw or Jim Dumont, UAJ director of Athletics and Student Services, at 789-4528.

## Campus Update

The following is a partial listing of special classes and activities offered at the University of Alaska, Juneau.

### Enhancing Self-Concept in the Classroom

Friday, Oct. 21, 6-10 p.m., Saturday, Oct. 22, 9 a.m.-6 p.m., Bill Ray Center. Fee: \$70. Instructors: James Keelan, Shirley Stokoe. (Also offered in Ketchikan Oct. 22 and 23.) Course is designed for the classroom teacher, to help develop positive self-concept in the student. Call 789-4460 to register or 789-4481 for information.

### New Beginnings/New Challenges

Oct. 13, (running eight weeks), 7:30-9 p.m., Hendrickson Bldg., Auke Lake campus, room 206. Call 789-4460 to register or 789-4481 for information.

A symposium/discussion on the various religions of the world, covered will be Christianity, Judaism and the Eastern religions.

### Intro to Travel Industry

Wednesdays (beginning Oct. 12), 7-9:30 p.m., Floyd Dryden Junior High. Cost: \$40. The course will include information on: airline tickets, geography and salesmanship. Designed for anyone interested in working in the fast-paced travel industry. Call 789-4481 for information.

### Marketing for Small Business

Oct. 25 and 27, 7-10 p.m., Bill Ray Center. A comprehensive overview of marketing strategy for people who operate small businesses. Call 789-4460 to register or 789-4481 for information.

### '50s-'60s Sock Hop

Oct. 8, 8 p.m., Mourant Bldg., Auke Lake campus. Free to students in costume. Prizes for best costume, most original and others. Elvis contest, jitterbug contest included. For information call 789-4528.

### Nutrition Topics

(Nutrition in Sports and Physical Performance) Thursday, Oct. 13 (8-weeks), 7:30-9 p.m., Floyd Dryden. Inst: Stacy Liddle. Cost: \$35. A look at the role of nutrition in exercise. Dietary concerns, weight control, vitamins/minerals and food myths associated with physical performance will be discussed. Also looks at food faddism and how stress can alter physiological systems.

### Sign Language

Tuesdays, Oct. 11 (8-weeks), 7-9 p.m. Floyd Dryden. Inst: Karen Coulter and Karen Donnelly. Cost: \$25. An exciting course to provide participants with beginning knowledge of American Sign Language Communication skills and an understanding of deafness and deaf culture.

### Hospice of Juneau: Fall Training

Oct. 18, 7-9 p.m., UAJ Auke Lake campus, MOD Classroom. Inst: Mary Tonsmeire. No charge. Hospice care provides supportive assistance to those who are dying and their families with special physical, emotional, social, spiritual and practical needs. Hospice care offers terminally ill individuals a choice in the manner of care they receive and their place of death. Call 586-3414 for information.

### Design Layout I

Oct. 20 (10-weeks), 7-9 p.m., BRC. Inst: Hugo Vila. Cost: \$85. This hands-on course to teach students basic layout techniques. Through in-class and take home projects students will learn to develop simple solutions to graphic design problems by exploring layout styles, formulas, typography as design and other aspects of the field.

(For information on any of the above class offerings please call 789-4481.)

The University of Alaska, Juneau is an equal opportunity institution



## UAJ Student Health Services

COUNSELING AND HEALTH

NOW OFFERS

### STUDENT HEALTH SERVICES:

- \*\* HEALTH EDUCATION AND COUNSELING
- \*\* BASIC PHYSICAL EXAMS
- \*\* FIRST AID
- \*\* TREATMENT OF COMMON ACUTE ILLNESSES
- \*\* WOMEN'S HEALTH CARE, INCLUDING FAMILY PLANNING
- \*\* HEALTH REFERRALS

### CLINIC HOURS

9:30 AM - NOON

1:00 PM - 4:30 PM

CALL 789-4457 FOR INFORMATION

SERVICES FOR STUDENTS WILL COST \$5.00 PER CLINIC VISIT

FACULTY AND STAFF WILL BE CHARGED ACCORDING TO AN ESTABLISHED FEE SCHEDULE

University of Alaska, Juneau; Counseling and Health; 11120 Glacier Highway; Juneau, AK 99801; (907) 789-4457



## Nurse Jane

## Services offered by Counseling Center

By TRACEY R. WILLIAMS  
Whalesong Editor

Jane Albee, UAJ's Nurse Practitioner is diligent in promoting health care for the university community. Albee, sometimes referred to as "Nurse Jane" feels that too many students are unaware of the services offered through the Counseling Center, especially health care.

UAJ Student Health Services offer health education and counseling; basic physical exams; first aid; treatment of common acute illness, like colds and flu; women's health care, including family planning; health referrals and immunizations.

"Most college health centers are leaning toward a 'wellness model', Albee says. That means instead of waiting for the sick to drop in, 'we're urging people to learn about health and preventive medicine through workshops and seminars,' she added.

Albee points out that there are not many health care facilities, other than the hospital and private practices in Juneau. What there is available is usually "too expensive and the waiting list, too long," she said.

"Health is really your own responsibility, but most people don't realize their own health potential."

Student Health Services is university-oriented so students and staff have easy access to their own health care needs.

"However," Albee added, "S.H.S. is not an infirmary and I am not a clinic nurse."

She considers herself a "resource person" and a health

care "facilitator". She's definitely not portraying the sterile white "matron of medicine", or "angel of mercy" image, although she's had years to practice.

"I don't know all the answers to health problems," she admitted, "but at least I know where to look."

This fall, registering students had a chance to complete questionnaires asking what kinds of health-related services they thought UAJ should offer. Although Albee has not completed the assessments, she has found that students are interested in learning CPR and first aid. Albee is planning workshops based on the outcome of those assessments.

Upcoming workshops will include: Introduction to Natural Health Care; Herbology for Colds and Flus; Pre-menstrual Syndrome; and a Natural Approach to health care. These workshops will be sponsored by Student Health Services, at no charge for students, faculty and staff.

Albee, a qualified nurse

practitioner, received her formal training at the University of Buffalo with a B.S. in nursing and the University of Florida earning her master's degree. She collaborates closely with Dr. Paul Simpson when referrals are necessary.

Student Health Services is located in the Counseling Center of the Whitehead Building. Hours are Monday thru Friday, 9:30 a.m. to noon and 1 to 4 p.m.

There is currently a small fee charged for services, but Albee suggests that USUAI consider incorporating a health fee with the activities fee in the future.

Albee placed strong emphasis on the recently acquired Student Health Insurance Plan offered by Sentry Insurance.

"It took a lot of digging to find an insurance company that would cover UAJ," she said. "Now we need to make the students aware of what's available."

Albee is in Salt Lake City this week attending the Pacific Coast College Health Association workshops.

The forest  
belongs  
to every  
living  
creature.



Even to  
ladybugs.

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# 1983 SATURDAY NIGHT AT THE MOVIES SCHEDULE FALL SEMESTER

Oct. 15 WINDWALKER [PG]

A dying Cheyenne warrior tells the story of his adventurous life to his grandchildren. When the family is attacked by a raiding party of Crows, the old warrior miraculously regains his vigor and.....  
This film is very authentic and has wonderful scenery.  
(Ronald Regan Comedy Clips & Berkeley Community Comix)

Nov. 1 THE GRADUATE [PG]

An inexperienced college graduate returns home to his affluent, insensitive parents, and has an affair with his parents' neighbor and ends up falling in love with her daughter. Dustin Hoffman, Anne Bancroft and Katharine Ross star in this classic film. Simon and Garfunkle provide music for the soundtrack.  
(Quasi at the Quackerdero, Power & Ha Ha Ha)

Nov. 19 SWEPT AWAY [R]

A rich, beautiful, acid-tongued lady and a handsome, tough Sicilian deckhand are marooned on a deserted island. She is a rich capitalist he a poor Communist party member. This is the story of their tumultuous, often hilarious courtship. Italian soundtrack with English sub-titles. (Comedy-drama)  
(Little Nemo, Spirit of '43 & Fatal Glass of Beer)

Dec. 3 DERSU UZALA [G]

In this brilliant, Oscar-winning Best Foreign Film, Kurosawa investigates the indomitability of the human spirit. A party of Russian soldiers charting the vast wilderness of Siberia meets hunter Dersu Uzala, who becomes their guide. More than once, his extensive knowledge of the wilderness and his uncanny communication with nature save the men from destruction.  
(Ski the Outer Limits, French Windows & Snow Foolin')

\*\*EACH FILM INCLUDES SELECTED SHORTS ( CARTOONS, ANIMATIONS, NEWSREELS ETC.)

\*\*\*\*\*FILMS WILL BE SHOWN AT THE AUKE LAKE CAMPUS HENDRICKSON BLDG.\*\*\*\*\*

Spring 1984 schedule: Jan. 21 'GHANDI'  
Feb. 4 'AIN'T MISBEHAVIN'  
Feb. 18 'MA AND PA KETTLE GO NORTH &  
'SPAWN OF THE NORTH' (double feature)  
Mar. 3 To be announced  
Mar. 31 'SANJURO'

FOR MORE INFORMATION CONTACT THE STUDENT GOVERNMENT OFFICE